HS 395 (Sec 1) – Fall 2018 Fundamentals of Epidemiology, CCC 330 (MW 2-3:15pm)

| Instructor: | Daniel J. McCarty, PhD |
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A. <u>Course description</u>

Fundamentals of Epidemiology (HS 395 - 3 credits)

Epidemiology is often referred to as "the basic science of public health". This class introduces the principles and methods of epidemiology as it applies to health promotion and healthcare delivery. The course will cover a historical perspective of epidemiology, measures of disease occurrence and association, clinical epidemiology, major epidemiological study designs, disease screening, causal inference and common methods for identifying and controlling infectious disease outbreaks. Prerequisite: Math 355 or HS301 or equivalent.

B. Format

Three hours lecture per week for sixteen weeks. *Lecture format with out-of-class narrated lectures and in-class discussions*.

C. <u>Textbook</u>

Epidemiology (4rd Edition) by Leon Gordis

D. <u>General goals and objectives</u>

At the conclusion of this course, students will able to:

- 1. Articulate the basic epidemiologic study designs and statistics used for measuring risk factor/disease associations.
- 2. Apply knowledge of epidemiology to identify the strengths and weaknesses of published studies.
- 3. Demonstrate the importance of using epidemiologic data to design disease prevention programs.
- 4. Appreciate the scope of epidemiology and its potential application for health promotion and improving healthcare delivery.

E. <u>Grading system</u>

| 93 - 100 | A | 77 – 79 | C+ |
|----------|----|----------|----|
| 90 - 92 | A- | 73 – 76 | С |
| 87 - 89 | B+ | 70 - 72 | C- |
| 83 - 86 | В | 67 – 69 | D+ |
| 80 - 82 | В- | 60 - 66 | D |
| | | Below 60 | F |

"A" reflects exceptional work (going beyond the basics, integrating material well, displaying professionalism in individual and group work, application and demonstration of knowledge and skills, showing initiative, using creativity, writing is reflective of multiple drafts).

"B" reflects good work (valuable teamwork skills, active in class, ability to grasp basic concepts and apply to new situations, some participation in class, completes all assignments with a degree of proficiency but may not demonstrate initiative, creativity or reflection consistently, writing contains errors or lacks conciseness and completeness).

"C" reflects average work (assignments are completed at the minimum, basic concepts are grasped but cannot be applied, some difficulty in group work, spelling and grammar mistakes are common, writing is conversational in tone with little attention paid to detail, word choices, organization (rough draft quality), little participation in class.

Student responsibilities for successful coursework:

Attendance: Students should plan to attend all classes and are responsible for all information presented in class. Notify the instructor in person, by telephone or email if an absence is anticipated. Class begins promptly at the scheduled times.

Reading Assignments: Additional readings will be posted in D2L. Students will be more successful in the class if the text and other handouts are read before the class period during which a given topic will be covered. The course is focused on discussion and analysis of topics. Readings will prepare you for participation in class.

Written work must be computer-printed (12 point font, double-spaced, 1 inch margins) and written in complete sentences with proper punctuation, spelling and grammar. Student names should be printed in the upper right hand corner of the paper. All assignments are due at class time on the day specified. Students must submit one copy of their homework in the drop box of D2L before class and also bring a copy for review in class. Late assignments may be accepted but these will receive a lower grade. *If you have any concern about meeting the requirements of this course, please see me.*

G. <u>Derivation of course grade</u>

| Three 1-hour exams (15% each - multiple choice and short answer) 45% | % |
|--|---|
| Quizzes / Activities 159 | % |
| Attendance 5% | , |
| Final exam (comprehensive) 359 | % |

H. <u>Other class information</u>

Cell phone policy - please don't use your cell phone during class! No text messaging. Email – please note that you are responsible for anything I send you via email. Remember, class attendance is very important!

I. <u>Communicating with your instructor via email</u>

I check my email frequently during the day. However, I receive a lot of email and I sometimes delete emails which do not have the subject specified. If you have not received a response to your email within 24 hours, please resend your email. I do check email routinely at home and on weekends. Please remember that these are professional communications so please use full sentences and complete words.

J. <u>Students with special needs</u>

UWSP is committed to providing reasonable and appropriate accommodations to students with disabilities and temporary impairments. If you have a disability or acquire a condition during the semester where you need assistance, please contact the Disability and Assistive Technology Center on the 6thfloor of Albertson Hall (library) as soon as possible. DATC can be reached at 715-346-3365 or <u>DATC@uwsp.edu</u>.

The contents of this syllabus are as complete and accurate as possible. The instructor reserves the right to make any changes necessary to the syllabus and course material. The instructor will make every effort to inform the students of changes as they occur. It is the responsibility of the student to know what changes have been made in order to successfully complete the requirements of the course. Any in-class announcement, verbal or written, is considered official addendum to this syllabus.

| Date | Topics |
|-----------------------------|---|
| Wend, Sept 5 | Lesson 1: Course Overview / What is Epidemiology? |
| Mon, Sept 10 | Lesson 1: Overview of Epidemiology (continued) |
| Wend, Sept 12 | Lesson 2: The Role of Chance: Probability, Fallacies |
| Wend, Sept 12 | and Monty Hall |
| Mon, Sept 17 | Lesson 3: History of Epidemiology – from limes to |
| Mon, Sept 17 | pump handles |
| Wend, Sept 19 | Discuss Levels of Prevention and study designs |
| Mon, Sept 24 | Lesson 4: Descriptive Studies / case reports, case series |
| Woll, Sept 24 | and cross-sectional surveys: incidence and prevalence |
| Wend, Sept 26 | Lesson 5: Rates and Demography |
| Mon, Oct 1 | Lesson 6: Ecological Studies and Causality |
| Wend, Oct 3 | Lesson 7: Case Control Studies |
| Mon, Oct 8 | Lesson 8: Sampling |
| Wend, Oct 10 | Lesson 9: Cohort Studies |
| Mon, Oct 15 | Lesson 10: Odds Ratios and Relative Risks |
| Wend, Oct 17 | Exam 1 |
| Mon, Oct 22 | Review Exam 1 Lesson 11: Randomized Controlled |
| | Trials (RCTs) |
| Wend, Oct 24 | Discuss Randomized Controlled Trials Methods |
| Mon, Oct 29 | Lesson 12: Community Intervention Studies and Meta |
| | Analysis and Evidenced Based Medicine |
| Wend, Oct 31 | Lesson 13: Meta Analysis and Evidenced-Based |
| | Medicine |
| Mon, Nov 5 | Lesson 14: P-Values and 95% Confidence Intervals |
| Wend, Nov 7 | Lesson 15: Screening: sensitivity and specificity |
| , | Discuss: RCT paper |
| Mon, Nov 12 | Review for Exam 2 |
| Wend, Nov 14 | Exam 2 |
| Mon, Nov 19 | Review Exam 2 |
| Wend, Nov 21 | Lesson 16: Overview of Infectious Disease |
| | Epidemiology |
| Mon, Nov 26 | Lesson 17: Outbreak Investigation Methods |
| Wend, Nov 28 | Lesson 18: Oswego Outbreak Investigation and |
| | Discussion: The great Milwaukee Crypto outbreak |
| Mon, Dec 3 | Exam 3 |
| Wend, Dec 5 | Review Exam 3 |
| Mon, Dec 10 | Lesson 19: Diabetes Pandemic talk |
| Wend, Dec 12 | Review for Final |
| Monday Dec 17 th | Final Exam (2:45-4:45pm) |
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